

Materials for Collection and Shipping of Blood Sample(s)

- Patient information label for sample tube
- EDTA Blood Collection Tube (IBS $chek$) or Serum Blood Collection Tube without Gel (Celiac Panel)
- Secondary tube (*if not shipping whole blood*)
- Completed Blood Test Laboratory Requisition Form
- Biohazard Shipping Materials compliant with UN3373 **per specimen** (*Biological Substances Category B Requirements*)
- Shipping Container with a UN1845 Dry Ice Label (*if applicable*)

Instructions for Collection of Blood Samples

CDI is open Monday – Saturday, 9am – 5pm EDT to accept sample deliveries (*excluding federal holidays*)

Collection tubes **MUST** be labeled with two (2) unique patient identifiers to be accepted by CDI

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| <ul style="list-style-type: none"> • EDTA Whole Blood (IBS$chek$) <ol style="list-style-type: none"> 1. Collect a minimum of 3mL of whole blood in an EDTA lavender-top tube 2. Invert the EDTA tube ten (10) times 3. Label EDTA tube with two (2) unique patient identifiers 4. Prepare sample for shipment • EDTA Plasma (IBS$chek$) <ol style="list-style-type: none"> 1. Following the collection of EDTA whole blood, centrifuge the sample 2. Separate a minimum of 1mL of EDTA plasma and place in a secondary tube 3. Label tube with two (2) unique patient identifiers 4. Prepare sample for shipment | <ul style="list-style-type: none"> • Serum Whole Blood (Celiac Panel) <ol style="list-style-type: none"> 1. Collect a minimum of 3mL of whole blood in a serum red-top tube (without gel) 2. Let blood clot for 30 minutes at room temperature 3. Label serum tube with two (2) unique patient identifiers 4. Prepare sample for shipment • Serum (Celiac Panel) <ol style="list-style-type: none"> 1. Following the collection of serum whole blood, centrifuge the sample 2. Separate a minimum of 1mL of serum and place in a secondary tube 3. Label tube with two (2) unique patient identifiers 4. Prepare sample for shipment |
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Shipping of Blood Samples

Pack the sample according to the UN3373 requirements and include this completed form

- EDTA Whole Blood or Serum Whole Blood
 - Whole blood samples must be received by CDI within 4 days from draw and can be shipped at ambient temperatures
 - 2-day shipping is recommended
 - Do NOT freeze sample
- EDTA Plasma or Serum
 - Samples must be received by CDI within 7 days from draw and should be shipped at refrigerated temperatures (i.e. ice pack)
 - If longer shipping time is expected, samples should be frozen and shipped with enough dry ice to remain frozen during transit

Blood Samples will be Subject to REJECTION if:

- Collected in a tube that is not appropriate for the test requested
- The blood sample is coagulated, grossly hemolyzed, or contains high lipid content
- Shipping instructions for temperatures or timeframes were not followed
- The blood sample arrives without two (2) unique identifiers